

## Litteraturliste

- Arntz, A.; Jacob, G. (2013). Schema therapy in practice: an introductory guide to the schema mode approach. Chichester, West Sussex; Malden, MA: John Wiley & Sons.
- Gyllenhammer, Carl; Perris, Poul. Schematerapi: en klinikers handbok & en terapiberättelse
- Jacob, G; Genderen, H.v.; Seebauer, L. (2015). Breaking negative thinking patterns: a schema therapy self-help and support book. Chichester, UK; Malden, MA: John Wiley & Sons.
- Young, J.E.; Klosko, J.S. (1993). Reinventing your life. New York: Plume books
- Young, J. E. et al. (2003). Schema Therapy: A Practitioner's Guide. New York, Guilford

## Yderligere foreslået litteratur

- Arnoud, A.; Genderen H.v. (2011). Schema Therapy for Borderline Personality Disorder. Wiley & Sons
- Behary, Wendy; Farrell Joan et al: Deliberate practice in Schema Therapy
- Rafaeli, Eshkol; Bernstein, David P; Young, Jeffrey E (2011). Schema therapy: distinctive features. The CBT distinctive features series. Hove, East Sussex; New York: Routledge.
- Riso, Lawrence P; du Toit, Pieter L; Stein, Dan J; Young, Jeffrey E, eds. (2007). Cognitive schemas and core beliefs in psychological problems: a scientist-practitioner guide. Washington, DC:
- Simeone-Di Francesco, Chiara; Roediger, Eckhard; Stevens, Bruce A. (2015). Schema therapy with couples: a practitioner's guide to healing relationships. Chichester, UK; Malden, MA: Wiley-Blackwell.
- Young, J.E, (1990). Cognitive Therapy for Personality Disorders: A Schema-Focused Approach. Practitioner's Ressource Series. Professional Ressource Press, Sarasota, FL.

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