

Litteraturliste

- **Arntz, A.; Jacob, G. (2013). Schema therapy in practice: an introductory guide to the schema mode approach. Chichester, West Sussex; Malden, MA: John Wiley & Sons.**
- **Gyllenhammer, Carl; Perris, Poul. Schematerapi: en klinikers handbok & en terapiberättelse**
- **Jacob, G; Genderen, H.v.; Seebauer, L. (2015). Breaking negative thinking patterns: a schema therapy self-help and support book. Chichester, UK; Malden, MA: John Wiley & Sons.**
- **Young, J.E.; Klosko, J.S. (1993). Reinventing your life. New York: Plume books**
- **Young, J. E. et al. (2003). Schema Therapy: A Practitioner's Guide. New York, Guilford**

Yderligere foreslået litteratur

- **Arnoud, A.; Genderen H.v. (2011). Schema Therapy for Borderline Personality Disorder. Wiley & Sons**
- **Rafaeli, Eshkol; Bernstein, David P; Young, Jeffrey E (2011). Schema therapy: distinctive features. The CBT distinctive features series. Hove, East Sussex; New York: Routledge.**
- **Wijngaart, R v d, Genderen, H v (2024). Schema Therapy for Cluster C Personality Disorders. Pavilion Publishing & Media.**
- **Riso, Lawrence P; du Toit, Pieter L; Stein, Dan J; Young, Jeffrey E, eds. (2007). Cognitive schemas and core beliefs in psychological problems: a scientist-practitioner guide. Washington, DC**

Litteraturlisten kan blive udvidet/revideret. Den med fed angivne litteratur vil ikke blive udskiftet.